THE ALLURE OF AÇAÍ POWERFUL ANTIOXIDANT PROTECTION



ÇAÍ is a potent Amazonian antioxidant. AÇAÍ is a small purple fruit from a palm plant that grows primarily in the rain forests of Brazil. Indigenous Brazilians have used AÇAÍ for thousands of

years and believe that it has extraordinary nutritional properties. AçAí contains powerful antioxidants known as anthocyanins. Anthocyanins are easily recognizable by the coloring they give to plants purple hues. At a time when our health is challenged by an unprecedented array of toxins, taking full advantage of the wealth of antioxidant protectors contained in plants is critical.

Source Naturals is the science-based company with products to support healthy living. Source Naturals AÇAí addresses one of the twelve SystemiCareTM deep metabolic systems identified by Source Naturals as critical for optimum health: Antioxidant Defense.







The Origin of Açaí

AçAÍ —*Euterpe oleracea*—is a palm plant widely distributed in northern South America. It is one of the most naturally abundant species in the eastern Amazonian estuary floodplains. Source Naturals AçAí extract is wild harvested, supporting the long-term sustainability of the plant and the environment.

Palm trees have been traditionally used for food, beverage, clothing, tools and cooking oil. AçAí is no different—natives have used the plant medicinally and as a food. AçAí is a common palm tree that grows anywhere from 50 to 80 feet tall. AçAí produces a fruit that is round and less than an inch in diameter with a large seed inside surrounded by a fibrous sheath. Indigenous Brazilians prepare the juice by soaking the fruit in water to soften the outer shell. They then squeeze the fruit and strain out



The plant world offers some of nature's most powerful antioxidants. Today exciting discoveries are emerging from research into the protective properties of fruits and botanicals, especially the lush, delicious açaí. Source Naturals brings you Açaí as part of our commitment to healthy living. Açaí is part of Source Naturals' line of plantderived antioxidants, which bring you the benefits of the latest advances in biochemical research. We are pleased to partner with your natural foods retailer in providing the education and scientifically based nutrition you need for your well-being.

References:

Lichtentahler R, Rodrigues RB, Maia JG, Papagiannopoulos M, Fabricius H, Marx F. 2005. Total oxidant scavenging capacities of *Euterpe oleracea* Mart. (Acai) fruits. *Int J food Sci Nutr.* 56(1): 53-64. Internal research and documentation from Laborato-

rio Catarinense. Received 2/20/06 from Justin Bone at Markan Global Enterprises, Inc.



the large seeds. They now have a purple juice with a distinctive flavor.

Strategies for Wellnesssm



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